

# Canes Camp

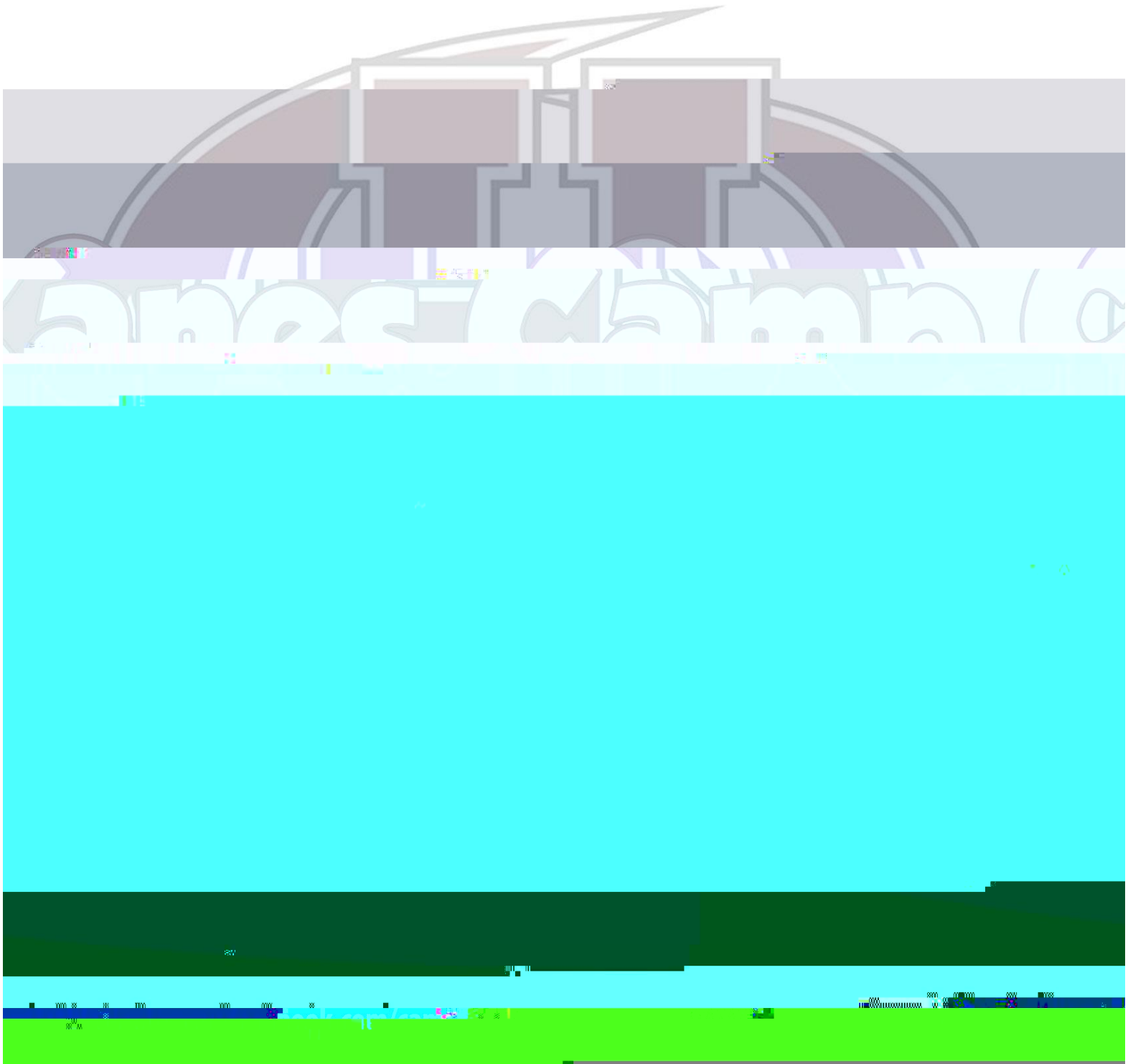


Everything you need to know about  
Canes Camp!

# Wel come to Canes Camp

Our primary goal is to provide our campers with a happy, healthy and rewarding summer camp experience in a safe and inclusive environment.

Our campers will gain self-



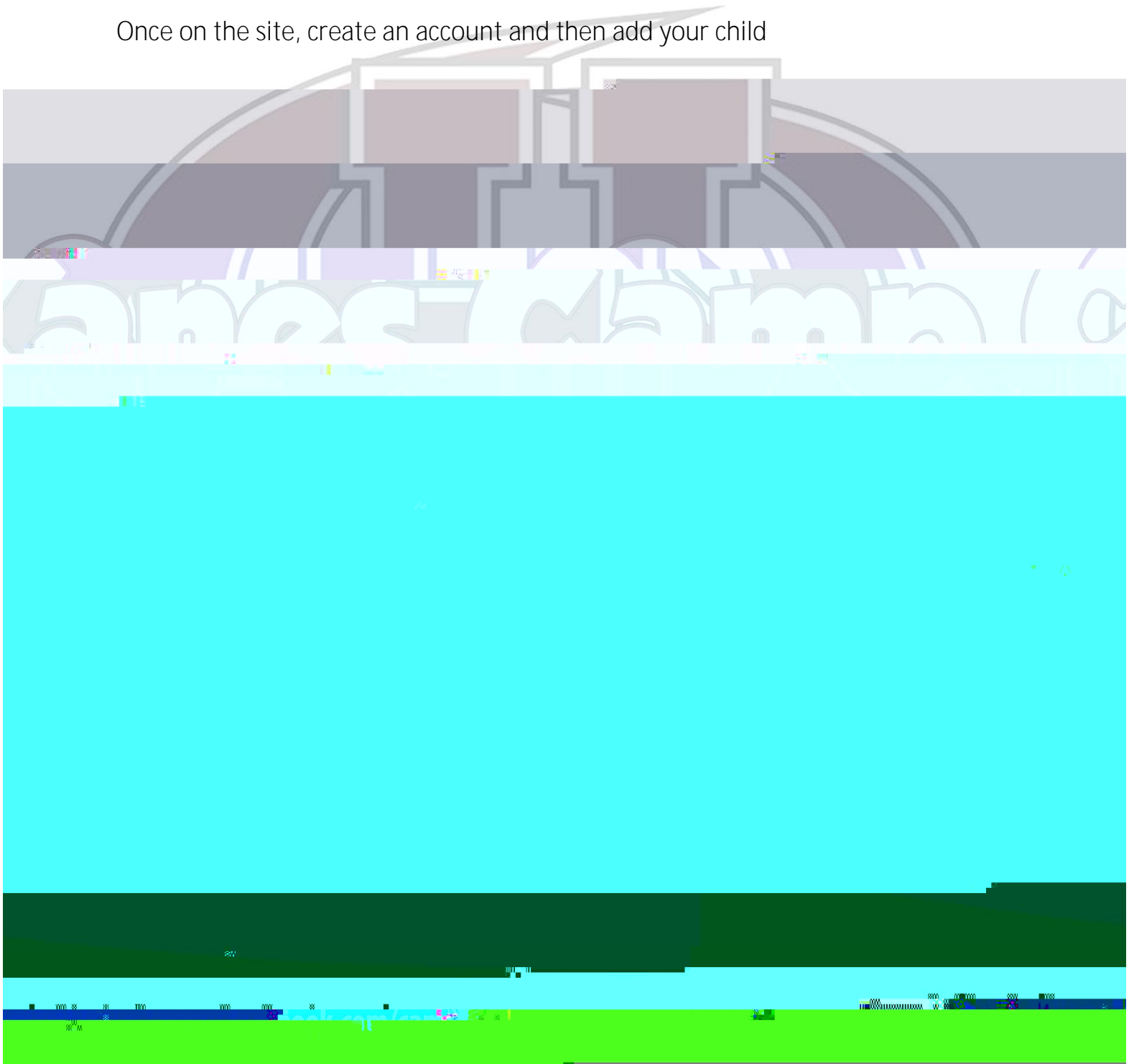
# Registration

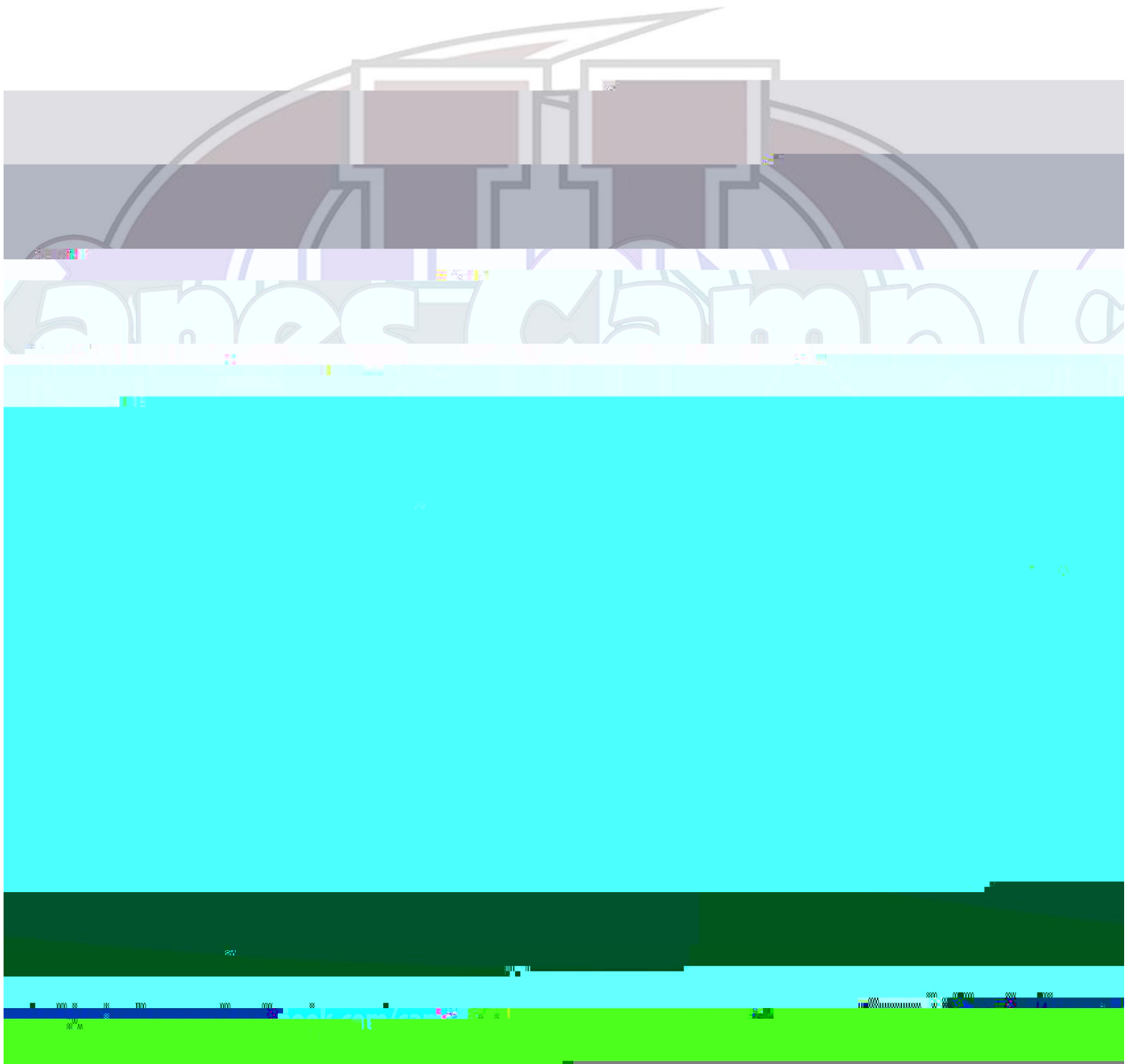
Online Registration:

You can register for Canes Camp online by going to:

<https://recreation.hollandcollege.com/Program/GetProducts>

Once on the site, create an account and then add your child





# Camp Leadership

Travis mcisaac, MSc. KINE

## **Academy and Camp Coordinator**

Travis started in this position filling Leanne Laird's maternity leave in March 2023 after recent stints at the 2023 Canada Games Host Society, UPEI, Synergy Fitness, and with a background in promoting youth development through physical activity. He is a graduate of UPEI, and spends his time reading, playing recreational sport, and going for walks with his dog.

Mary Matheson ECE

## **Assistant Academy and Camp Coordinator (Belmont Centre)**

Mary graduated from the Holland College Early Childhood Education Program in 1997 and has since worked with children of all ages. Mary has supervised school-aged programs and summer camps, mainly in Stratford, and currently works as the ECE Team Lead at Belmont. This is her fourth year as Assistant Camp Coordinator.

# WHAT YOU NEED FOR CAMP

- **Clothing and Shoes** - Campers should arrive at camp wearing comfortable clothing that they can move around in easily. They should also have a separate pair of **indoor sneakers** to be worn in the gymnasium. If the weather permits, we hope to get outside everyday so please pack clothing for that day's weather. (A spare set of clothing is recommended)
- **Water Bottle** - Please send your child to camp with a water bottle with their name on it. There are several areas where they can fill their water bottle during the day.
- **Sunscreen** - We will be spending a lot of time outside, so we ask that children come to camp with sunscreen pre applied and with an extra supply to be reapplied as necessary throughout the day. Camp staff **will** assist your child in re applying when necessary and will also apply 'camp sunscreen' to anyone who has not brought sunscreen.
- **Hat** - Please send along a sunhat or a ball hat to help with protection from the sun's rays. We have camp hats available for children who forget them that day.
- **Snacks & Lunch** - Children will be asked to bring their own **nut free lunches**. We do have microwaves on site for their use, but there are days we will eat off site and children will need a picnic lunch. We will notify of these days ahead of time. Camp lunches can be ordered at registration or on Mondays. (Tues-Wendy's/Thurs- Subway/ Friday- Dominos). We will also provide one afternoon snack daily, free of charge. Your child can purchase a second snack for 50 cents.

## What to leave at home:

- Trading items, cards etc.
- Electronic Gaming Devices and iPod etc.
- Cell Phones
- Nut Products

## LOST AND FOUND

We have a lost and found area at camp. It is highly recommended that you label all items (clothing, towels, lunch boxes, water bottles, etc.) with your child's name. While we make every effort to keep all campers' belongings in their backpack or on their person, we will not be held responsible for lost or stolen items. At the end of each week we will display the found items and then give any remaining items to charity. Please check your child's backpack at the end of the day before leaving. Lost items are much easier to recover on the same day they are lost.

## Refund policy

Requests for refunds or cancellations must be made in writing to the Academy & Camp Coordinator **at least seven days prior to the start date of the selected camp**. Holland College needs the name of the participant/selected camp/reason for refund or cancellation. If a participant cancels 7 days before the first day of camp, a refund minus the \$30 non-refundable deposit will be issued. No refund will be provided after this time, unless there are extenuating circumstances (i.e., medical or emergency family situation). Pro-rated refund is available only for participants who can provide a medical certificate indicating they are not able to continue with the event, or they may choose to roll the registration fee forward to another camp/academy within 12 months from



## Drop off and pick up time

Our camp programming will run from 9am-4pm.

**We will allow for early drop off and late pick up running from 7:30am until 5:00pm.\***

If you know your child will not be at camp on a particular day or will be arriving later than 9am, please contact the camp coordinator as soon as possible.

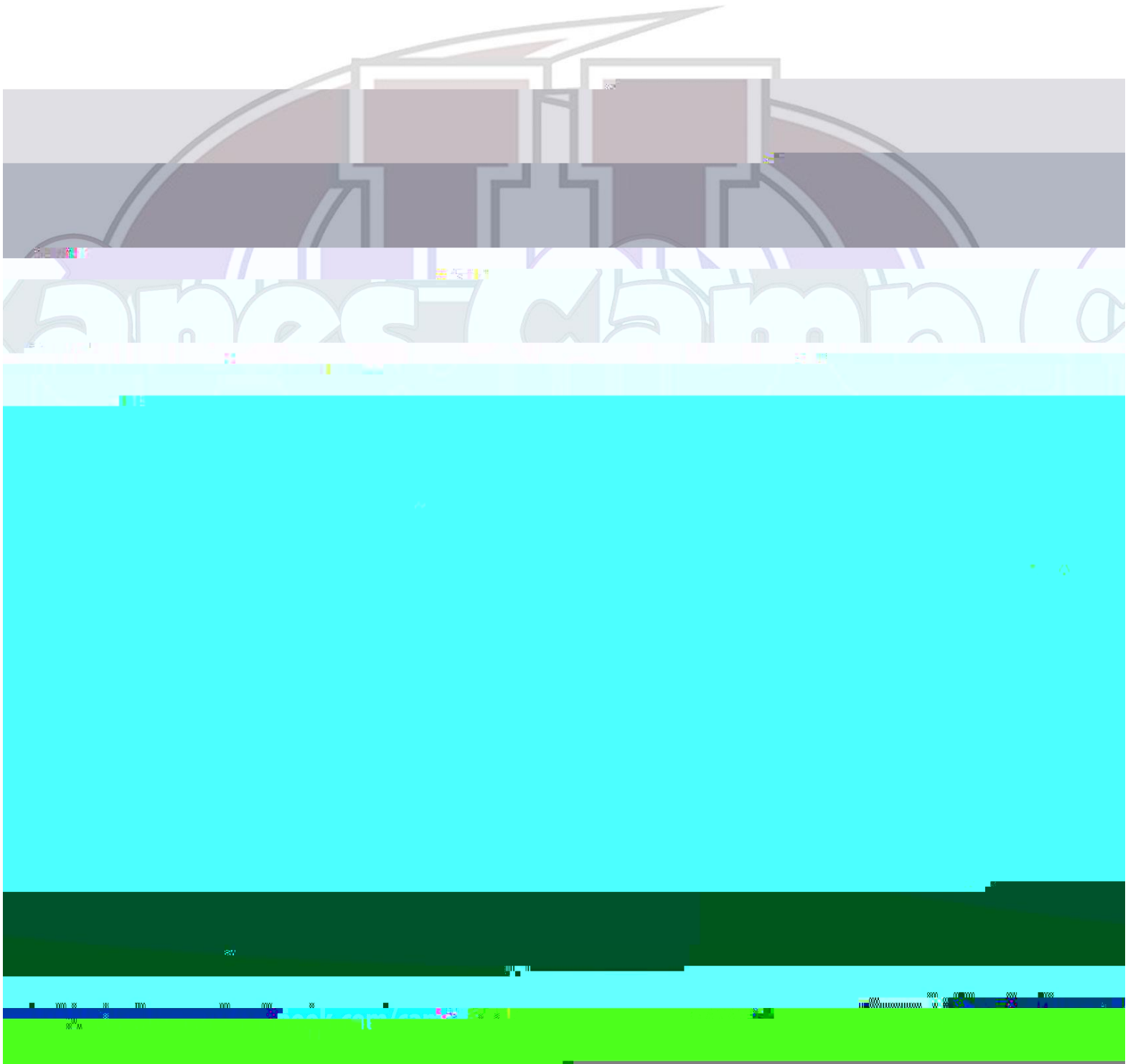
Our facility doors are locked to the public. If there is no one at the front door when you arrive there will be a number posted on the door for you to call for assistance.

If you want to arrange an early pick up, please let the Camp Coordinator know in advance, so we can ensure they are in the Centre for Community Engagement at that time.

\*If you pick your child up after 5pm, you will be charged a \$5 fee per child for every 15 minutes. Camp staff will not leave children unsupervised in these circumstances. This results in our staff being required to work extra hours, incurring extra expenses. To cover these, we have put in place the late pick-up fee.

## Lunch Hour and Snacks

Our lunch hour will normally run from 12pm-1pm. At this time, all campers will be supervised by camp staff. We ask that all lunches come in a labeled lunch bag so that campers do not get

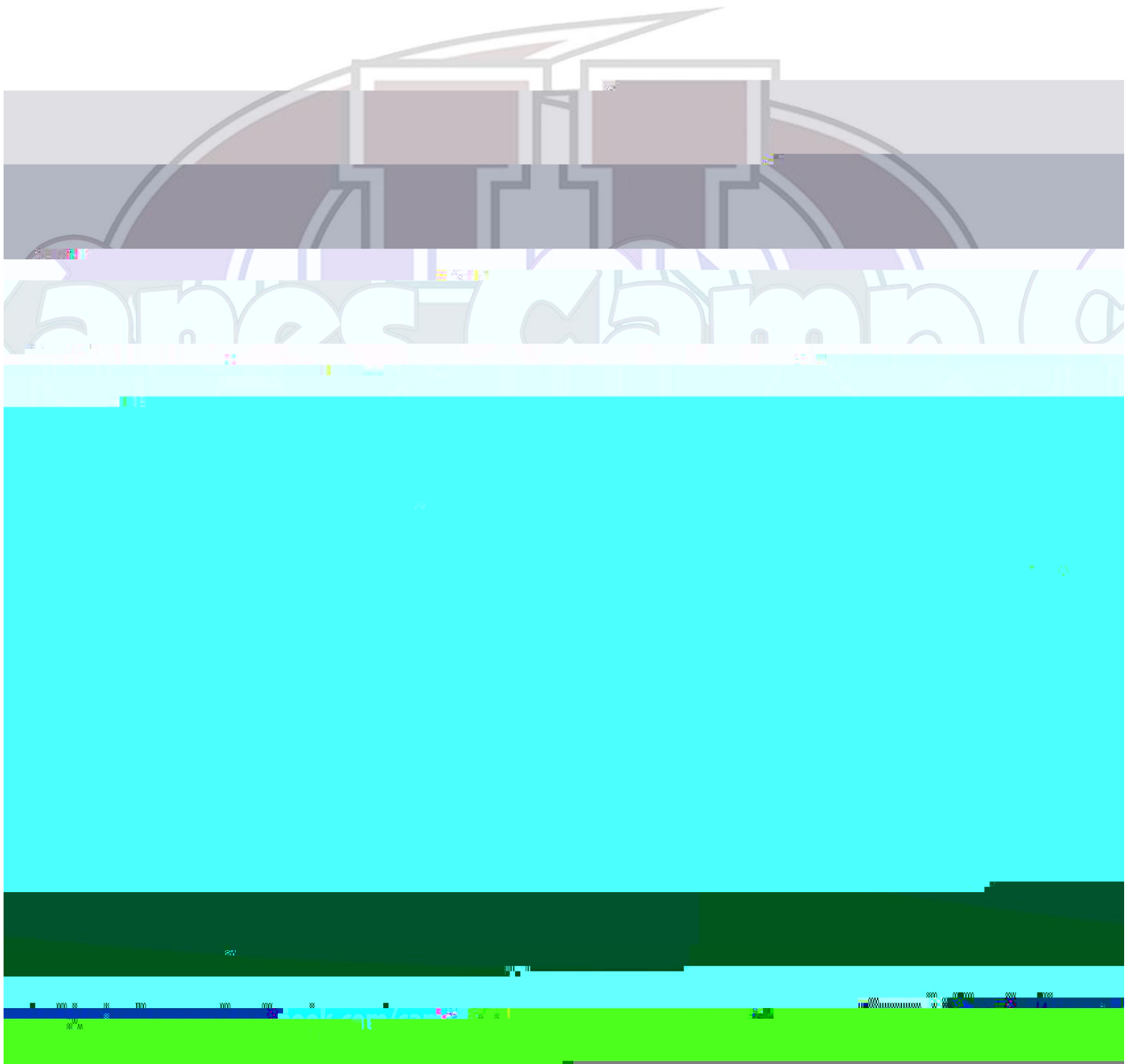


## Weekly Email

Prior to the first day of each camp, you will receive an email with information about the upcoming week. This will include a detailed schedule of the week's events including any trips planned during that week. You will also be notified if anything is needed for specific days (camp t-shirt, bathing suit, costume, bikes, scooters, etc.) Please read through these emails to ensure your camper is prepared for each day of camp.

## Camp Inclusion

We welcome all children to our camps. We ask if your child requires additional support during their school day that this support also be provided with an aide/support worker for camp. We ask that parents/guardians of campers with special needs to identify their needs when registering their child and contact the Camp C



## Medication at camp

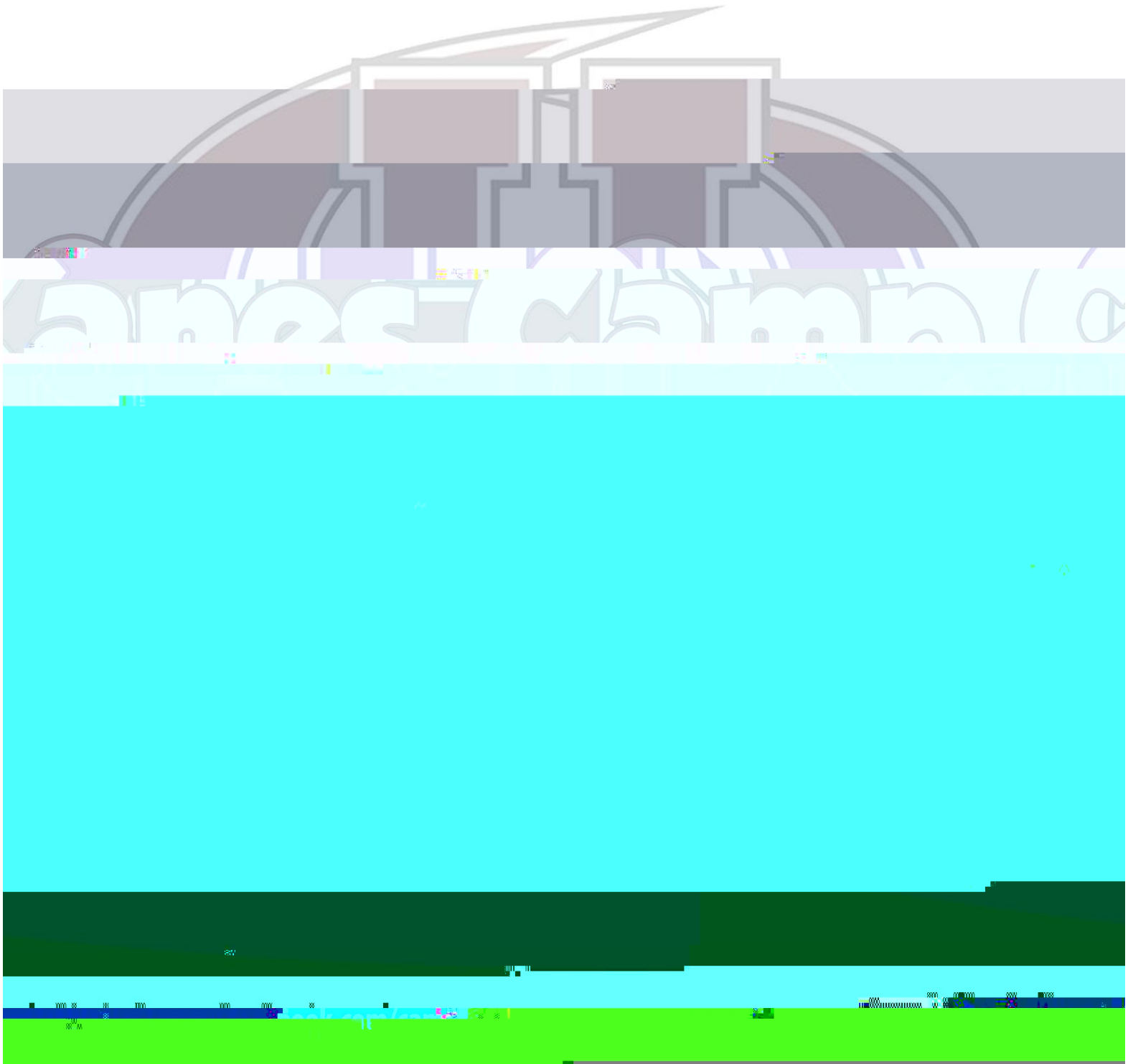
Parents and guardians are asked to follow the below procedure when sending medication to camp:

1. Upon arriving on the first day, please notify the Camp Coordinator that your child is required to take medication during camp hours. They will provide you with a Medication Consent Form that you must read and fill out, and sign, stating the type of medication, dosage, and dispensing time.
2. Send the medication in the original prescribed container.
3. Medication should be given *directly* to the Camp Coordinator by a parent or guardian.
4. We will not alter the dosage on the prescription unless a doctor's note is attached.
5. Medication will be stored in a locked drawer in the office or in the camp fridge, if necessary, away from camper access.

## Head Lice

If you find live lice on your child, we ask that you keep your child home until the lice has been treated. Please also notify the Camp Coordinator as soon as possible. A notice will then be sent home to all parents asking them to check their children.

# Photos



# Behavior Management Policy

- At the beginning of each week of camp, the camp rules and behavioural expectations will be reviewed with the campers.
- There are several steps that will be taken when a child needs to be reminded of camp rules and behaviour expectations.
  - Any disciplinary action will be taken by the Camp Coordinator if the camper continues to misbehave after an initial conversation with a counsellor.
- Counselling: When a discipline incident occurs, the camper will be counselled on the behaviour change required.
- Time-Out: If subsequent incidents occur the camper may be asked to take a short "Time Out". A "Time Out" is a 5-to-10-minute period that the camper spends quietly reflecting on the incident. The child then re-joins the group. This will take place in a designated area outside of the camp activity.
- Parent Contact: If a pattern or series of discipline situations occur, the child's parent or guardian will be contacted.
- Suspension: A camper who continually disregards instructions will be suspended for 1 day. The parent or guardian will be advised.
- Termination: If the child's behaviour remains unacceptable then the parent or guardian will be informed, and the child will be dropped from the program, and no refund given.

# Canes Camp Code of Conduct

For the Canes Camp Summer to be fun and safe, there needs to be rules. It is each camper's responsibility to follow the policies listed below.

Please review them with your child and we will go over with the entire camp at the start of every week.

- Always follow directions.
- Give turns and share with others.
- Solve problems positively.
- Be a friend and include and help others.
- Always keep hands and feet to yourself